

**CALL US FIRST!!!**

24/7 DOHC Patient Helpline

760-969-6555

**Note:** The entities listed in this directory are not contracted with Desert Oasis Healthcare or your Health Plan. You are welcome to contact our Social Service Department for more information at 760-969-5262 ext. 2862.

**HI-DESERT & SAN BERNARDINO COUNTY RESOURCE LIST**

**San Bernardino County Helpline: 211**

**Suicide Prevention Lifeline: 988 **

**AFFORDABLE HOUSING**

|  |  |
| --- | --- |
| Sagewood Housing Apts. *(29 Palms)* | 760-367-0545 |
| Sunset Village Apartments *(J.T.)* | 760-366-3218 |

**ASSISTED LIVING FACILITIES/BOARD & CARE**

|  |  |
| --- | --- |
| Aaspen Board and Care | 760-574-2322 |
| Angelic Mansion | 760-365-4620 |
| Desert Rose Elder Care | 760-367-9175 |
| Ingleside Assisted Living | 760-228-1180 |
| Jasmine Terrace Assisted Living | 760-365-0887 |

**BEHAVIORAL HEALTH**

|  |  |
| --- | --- |
| Affiliated Psychological Group  *(psychology only)* | 760-369-7166 *(Y.V.)* |
| Community Crisis Intervention Team | 760-956-2345 *(S.B. County)* |
| Morongo Basin Unity Home  *(Domestic Violence Services)* | 760-366-9663 |
| Veteran’s Crisis Line | 988 |

**COUNTY SERVICES & PROGRAMS (San Bernardino County)**

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| --- | --- |
| Community Action Partnership | 909-723-1500 |
| In-Home-Support-Services | 877-800-4544 |
| Medi-Cal | 877-410-8829 |
| Social Security Administration | 800-772-1213 |

**FOOD BANKS** (request detailed list as needed)

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| FIND Food Bank  3rd Friday of the month from 10am-12pm | 760-775-3663  *56248 Buena Vista Drive Yucca Valley, CA 92284* |

**FOUNDATIONS**

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| --- | --- |
| American Cancer Society | 760-568-2691 |
| Desert Cancer Foundation | 760-773-6554 |
| Good Days Foundation | 877-968-7233 |

**HOME CARE AGENCIES**

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| A Care Beyond Measures | 800-486-4431 |
| Comfort Keepers | 760-340-2166 |
| Desert Caregivers Agency | 760-636-4810 *(check for HD provider)* |
| Home Instead | 760-674-1905 |
| Home Sweet Home Senior Home Care | 760-328-1700 *(check for HD provider)* |
| Sheridan In-Home Care | 760-440-8540 |
| Quality Home Care | 760-346-4840 |

**LEGAL SERVICES**

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| Hi-Cap Insurance Information | 800-434-0222 |
| Legal Services Social Services | 909-884-8615 |

**MEALS ON WHEELS**

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| Local Home Delivered Meals | 951-342-3057 |
| Office on Aging San Bernardino County | 760-228-5219 |
| Spring-Life Meals *(discount for SCAN members)* | 800-798-5767 |

**MEMORY CARE & SKILLED NURSING FACILITIES**

|  |  |
| --- | --- |
| Aspen Memory Care | 760-365-6338 |
| Continuing Care Center | 760-366-1500 |
| Yucca Valley Nursing & Rehab | 760-853-4750 |
| Jasmine Memory Care | 760-365-3810  760-369-9294 *(Antelope)* |

**PLACEMENT AGENCIES**

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| A Place for Mom | 866-653-9657 |
| Senior Living Alternatives | 760-636-8460 |
| Senior Living Options | 760-322-0322 or 888-700-4322 |

**SOBER LIVING**

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| House of Gratitude Palm Desert | 760-449-6064 |
| Michael’s House Palm Springs | 855-652-1131 |

**SOCIAL SERVICES**

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| Braille Institute | 760-321-1111 |
| CA Senior Information Assistance Hotline | 800-510-2020 |
| Center for Healthy Generations | 760-365-9661 |
| CA Office of Aging | 800-510-2020 |
| National Domestic Violence Hotline | 800-799-7233 |
| Reach Out Morongo Basin | 760-369-8671 *(Y.V.)*  760-367-7623 or 760-367-5780 *(29 Palms)* |
| Senior Advocates of the Desert | 760-202-1024 |
| Senior Center of Yucca Valley *(29 Palms)* | 760-361-1410 *Reach Out Morongo Basin* |

**SUPPORT GROUPS**

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| --- | --- |
| Adult Children of Alcoholics | 760-902-8972 |
| Al-Anon | 760-324-4851 |
| Alzheimer’s Association 24/7 | 800-272-3900 |
| Amputee Coalition | 888-267-5669  <https://www.amputee-coalition.org/>​ |
| Bereavement Groups FHC *(open to anyone)* | 760-674-3344 ext.1063 |
| Breast Cancer Support Group  *(Cancer Support Services)* | 760-834-3798 |
| Caring for the Caregiver Support *(VNA PD)* | 760-346-3982 ext. 600 |
| Hi-Desert Medical Center | 760-366-3711 ext. 1541 |
| Jocelyn Center *(for widows and widowers)* | 760-340-3220 ext. 102 |
| Pacific Clinics Family Resource Center | 760-228-9657 |
| Shelter from the Storm | 760-328-7233 |
| Stroke Recovery Center | 760-323-7676 |
| The Amputee Connection of Redlands | 909-423-0562  <http://www.theamputeeconnection.org/>​ |

**TRANSPORTATION**

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| Desert Community Transportation Services | 760-362-3735 |
| Hi-Desert Lyft Transport | 760-366-5438 |
| MBTA Ready Ride  *Seniors / disabled $2 each way all others $5 each way* | 760-366-2395  *need 24 hour notice & 1 hour cancellation notice* |
| Reach Out Morongo Basin *(29 Palms)* | 760-361-1410 |

**VETERANS SERVICES**

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| Healthcare Hotline | 877-252-4866 |
| VA San Bernardino | 909-825-7084 |
| Veterans Benefits & Consulting | 760-969-6782 |